VIRIDITAS CLINIC

2775 Dundas St. W. Toronto, ON M6P 1Y4

Tiffany Wyse ND RH

Naturopathic Doctor | Medical Herbalist

INFORMED CONSENT

Naturopathic medicine is a distinct form of primary health care that combines modern scientific research with traditional and natural forms of medicine. It is the art & science of disease diagnosis, treatment and prevention through the use of natural therapeutic methods & substances.

Naturopathic medicine is based on the belief that all living organisms have an innate healing capacity. This is the force within each of us that is continually active in it's effort to move us toward health. It is called the Vis Medicatrix Naturae, the vital force, or the healing power of nature.

Naturopathic physicians use safe, gentle, non-invasive therapies that encourage our inherent self-healing processes to restore health. A number of different approaches may be used throughout the course of treatment. Treatment modalities include diet & lifestyle counselling, clinical nutrition, herbal medicine, homeopathy, biotherapeutic drainage, Asian medical theory and acupuncture, hydrotherapy, Auricular medicine and physical medicine.

Your Naturopathic Doctor will take a thorough case history, and may do a screening physical examination, including a breast exam and take blood & urine samples.

It is very important therefore that you inform your Naturopathic Doctor immediately of any disease process that you are suffering from, if you are on any medication or over the counter drugs. If you are pregnant, suspect you are pregnant or you are breast-feeding; please advise your Naturopathic Doctor immediately.

Individual diets and nutritional supplementation are recommended to address deficiencies, treat disease processes, and promote health. There is an ever-growing body of knowledge that supports the use of whole foods and nutritional supplements in the maintenance of health and the treatment of disease. The benefits may include increased energy, increased gastrointestinal function, improved immunity, and general wellbeing.

Mental, Emotional and Lifestyle Counselling is essential to the practice of Naturopathic Medicine. In almost all cases there is a mental/emotional/spiritual component that needs to be addressed so the body can heal itself. We take the time to listen and to help you find the solutions. Lifestyle counselling involves making suggestions such as drink more water, go to sleep at a reasonable hour, and other suggestions otherwise known as essential treatment guidelines.
We are here to teach, support, encourage and coach you to make healthy lifestyle choices.

Medical Herbalism is a plant-based medicine that involves the use of herbal teas, tinctures, capsules, and other forms of herbal preparations to assist in recovery from injury and disease.
Tiffany Wyse ND is a professionally trained herbalist; knowledgeable in both the historical uses of plants and their modern pharmacological mechanisms.

Homeopathy is a form of medicine based on the Law of Similars. It uses uniquely prepared remedies prescribed to match precise symptoms of the person who is ill. Homeopathic remedies, made from nontoxic extracts of plant, mineral, or animal substances, promote biological and physiological healing.

Biotherapeutic Drainage is a treatment method aimed at supporting the body's natural routes of elimination and enhancing the cellular function of the organs and tissues within the body. Biotherapeutic Drainage is a non-invasive treatment method employing non-toxic, natural remedies, taken orally.

Asian medicine includes the use of acupuncture, Eastern herbs and dietary changes to eliminate disease and balance body functions.
Acupuncture refers to the insertion of sterilized disposable needles through the skin into underlying tissues at specific points on the body. Eastern herbs may be given as pills, tinctures, or decoctions (strong teas) to be taken internally or used externally as a wash. Dietary advice is based on Asian medical theory.

Hydrotherapy refers to the use of hot and cold water applications to improve circulation and stimulate the immune system.

Auricular Medicine is an energetic reflex technique in which the pulse and filters are used to detect possible blockages to self-healing in the body. Specific points may be found on the ear that correspond to the location of imbalance within the body.
An acupuncture treatment or corresponding remedies may be given to address the imbalances.

There are some slight health risks to treatment by Naturopathic Medicine.

These include but are not limited to:
• Aggravation of pre-existing symptoms
• Allergic reactions to supplements or herbs
• Pain, bruising or injury from venipuncture or acupuncture
• Fainting or puncturing of an organ with acupuncture needles.

I understand that a record will be kept of the health services provided to me. This record will be kept confidential and will not be released to others unless so directed by myself unless law requires it. If required, I understand that my Naturopathic Doctor may discuss my case with other healthcare providers. I understand that I may look at my medical record at anytime and can request a copy of it by paying the appropriate fee of $0.10 per page. I understand that information from my medical record may be analyzed for research purposes and that my identity will be protected and kept confidential.

I understand that the results are not guaranteed. I do not expect the Doctors to be able to anticipate and explain all risks and complications. With this knowledge, I voluntarily consent to Naturopathic care I intend this consent form to cover the entire course of treatment for my present condition. I understand that I am free to withdraw my consent at any time.

Patient Name: (Please Print) _____

Signature of Patient (or Guardian): _____

Date: _____

Naturopathic Doctor: Tiffany Wyse ND RH

VIRIDITAS CLINIC

2775 Dundas St. W. Toronto, ON M6P 1Y4

Tiffany Wyse ND RH

Naturopathic Doctor | Medical Herbalist

FEE SCHEDULE

effective March 2020

Initial consultation telemedicine (90 minutes)	
Adult	$220
children*, students**, seniors	$200
Telephone consultations	$50/each 15 minutes
45 minute consultation	$150
30 minute consultation	$100
15 minute consultation	$50

All fees are subject to H.S.T.Fees are payable by VISA, MASTERCARD, debit, cash or cheque at the end of each visit.

Any prescribed herbal tinctures, supplements or homeopathic remedies are not included in the above fees.

Please note that these fees are not covered by OHIP.

Most extended health care plans cover all or part of Naturopathic visits.Please contact your employer or insurance agent to inquire about naturopathic coverage.