



“DIRTY DOZEN” LIST 2020

These are the fruits and vegetables with the *highest* pesticide residue. Purchase **organic** or *grow your own!*

From [The Environmental Working Group](#).



1. Strawberries



2. Spinach



3. Kale



4. Nectarines



5. Apples



6. Grapes



7. Peaches



8. Cherries



9. Pears



10. Tomatoes



11. Celery



12. Potatoes