

ENDOCRINE GLANDS:

In general, all bitter, adaptogenic and alterative herbs will affect the endocrine system.
Here is a list of the endocrine system's glands and the herbs and formulae that are specific to each of them.

ADRENALS: *Avena sativa, Borago officinalis, Bupleurum falcatum, Dioscorea villosa, Eleutherococcus senticosus, Glycyrrhiza glabra, Panax ginseng, Panax quinquefolius, Urtica dioica fol., Withania somnifera,*
ADRENOCORT SUPPORT,
DEEP IMMUNE ACTIVATION, THREE GINSENGS TONIC (see above for formulae contents)

MAMMARY-PITUITARY: **LACTAID,** *Foeniculum vulgare, Borago officinalis, Galega officinalis, Trigonella foenum-graecum, Vitex agnus-castus*

OVARIES-PITUITARY: **PROMOFLO, CHANGE OF LIFE, DEEP IMMUNE ACTIVATION, FEM TONIC, FLUX REDUX, UTEROTONER, GLUCO COMBO** (See Female Reproductive System), *Vitex agnus-castus*

PANCREAS: **GLUCO COMBO,** *Chionanthus virginicus, Cinnamomum zeylanicum, Codonopsis pilosula, Galega officinalis, Gymnema sylvestre, Trigonella foenum-graecum, Oplopanax horridum, Panax ginseng, Panax quinquefolium, Vaccinium myrtillus*

For type II diabetes, the glycemic index of the diet and the blood glucose levels must be monitored by a professional until stability is reached. *Chionanthus virginica* may be an aid in pancreatitis. **THREE GINSENGS TONIC** may also be an aid in glucose regulation with regular use.

PITUITARY: *Stachys off., Vitex agnus-castus*

SPLEEN: *Achillea millefolium, Alchornea cordifolia, Astragalus membranaceus, Baptisia tinctoria, Ceanothus americanus, Eleutherococcus senticosus, Iris versicolor, Lentinus edodes, Ligusticum lucidum, Polygonum cuspidatum, Schisandra chinensis*

TESTES/ PROSTATE: **VITAL MAN, PROST AID,** *Avena sativa, Epimedium grandiflorum, Ginkgo biloba, Panax ginseng, Prunus africana, Ptychopetalum olacoides, Serenoa serrulata, Smilax species Tribulus terrestris, Turnera diffusa,*

THYMUS: *Achillea millefolium, Astragalus membranaceus, Bupleurum falcatum, Echinacea angustifolia, Eleutherococcus senticosus, Ganoderma spp., Glycyrrhiza glabra, Lentinus edodes, Panax ginseng, Panax quinquefolius, Takebuia impetigosa, Thymus species, Viscus album, DEEP IMMUNE ACTIVATION*

THYROID: *Ascophyllum nodosum, Fucus vesiculosus, Juglans nigra, Laminaria digitata, THYROCALM, THYROSTIM*