

# A topical natural treatment for skin cancer (BCC & SCC)

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# Introduction.

This treatment is only a local, topical one, aimed at selectively destroy the cancer in a simple, natural, pain-free and cheap way that can be done by the patient at home.

It does not address the general issue of the cancer diathesis, miasm, origin or evolution.



How it started 10.1.2006



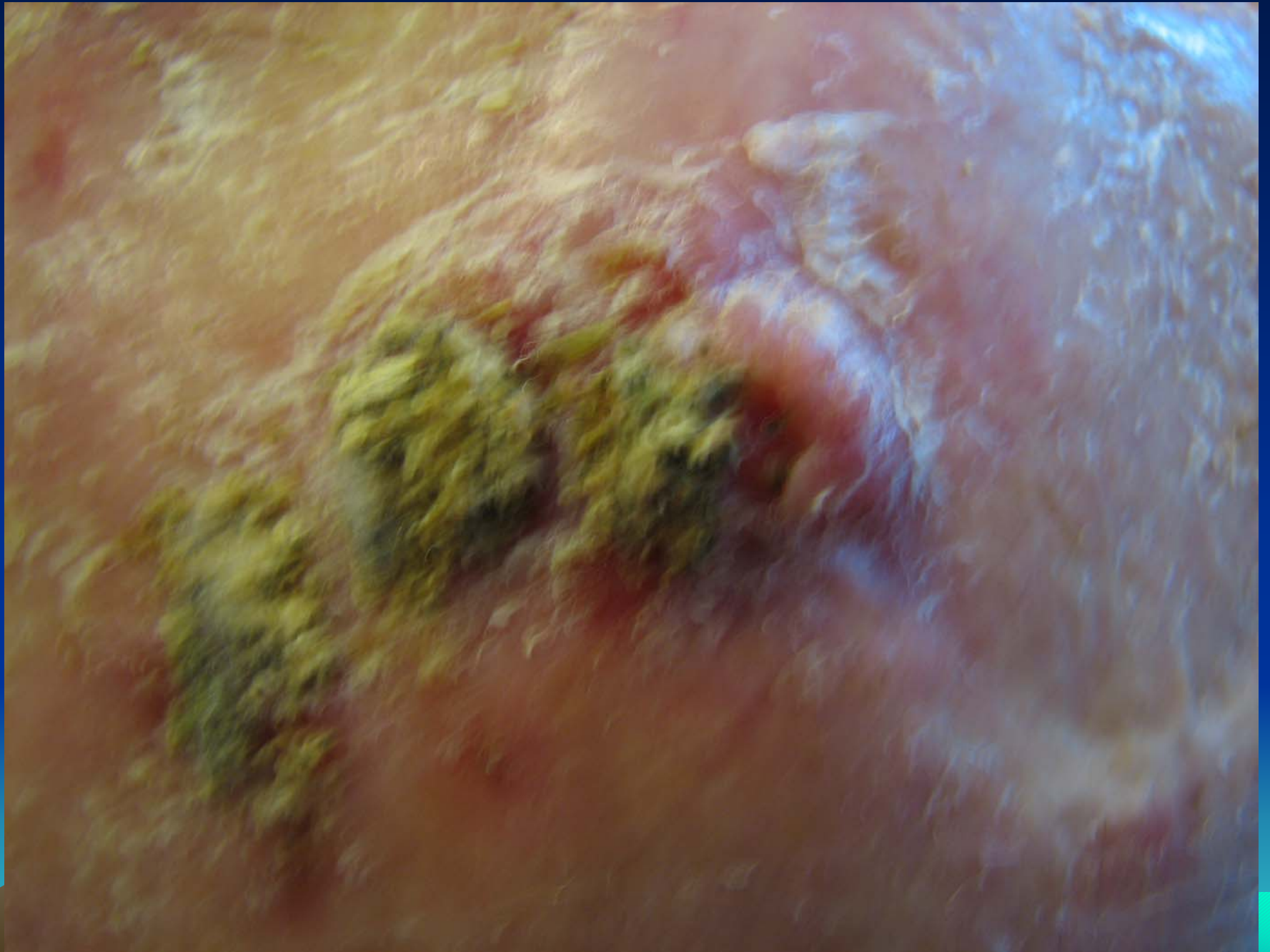
## How it started

- Patient in his eighties, recurrent scalp BCC and SCC secondary to local UV therapy in his youth to “regrow hair” (most probably rather Radiotherapy for Tinea Capitis).
- As seen in the picture, he has undergone multiple resections and plastic procedures, the last one a few weeks ago for a huge bleeding tumour.
- General treatment was unsuccessful due to compliance problems as well as having become an independent entity.
- During a search for cancer therapy for another patient, I assumed it would be possible to apply that herb locally. The patient agreed to try and to have the results published.









26.1.2006





26.1.2006.





2.2.2006.



14.2.2006.





14.2.2006.





22.3.2006. Need something more!



22.3.2006. Need something more!





19.4.2006.

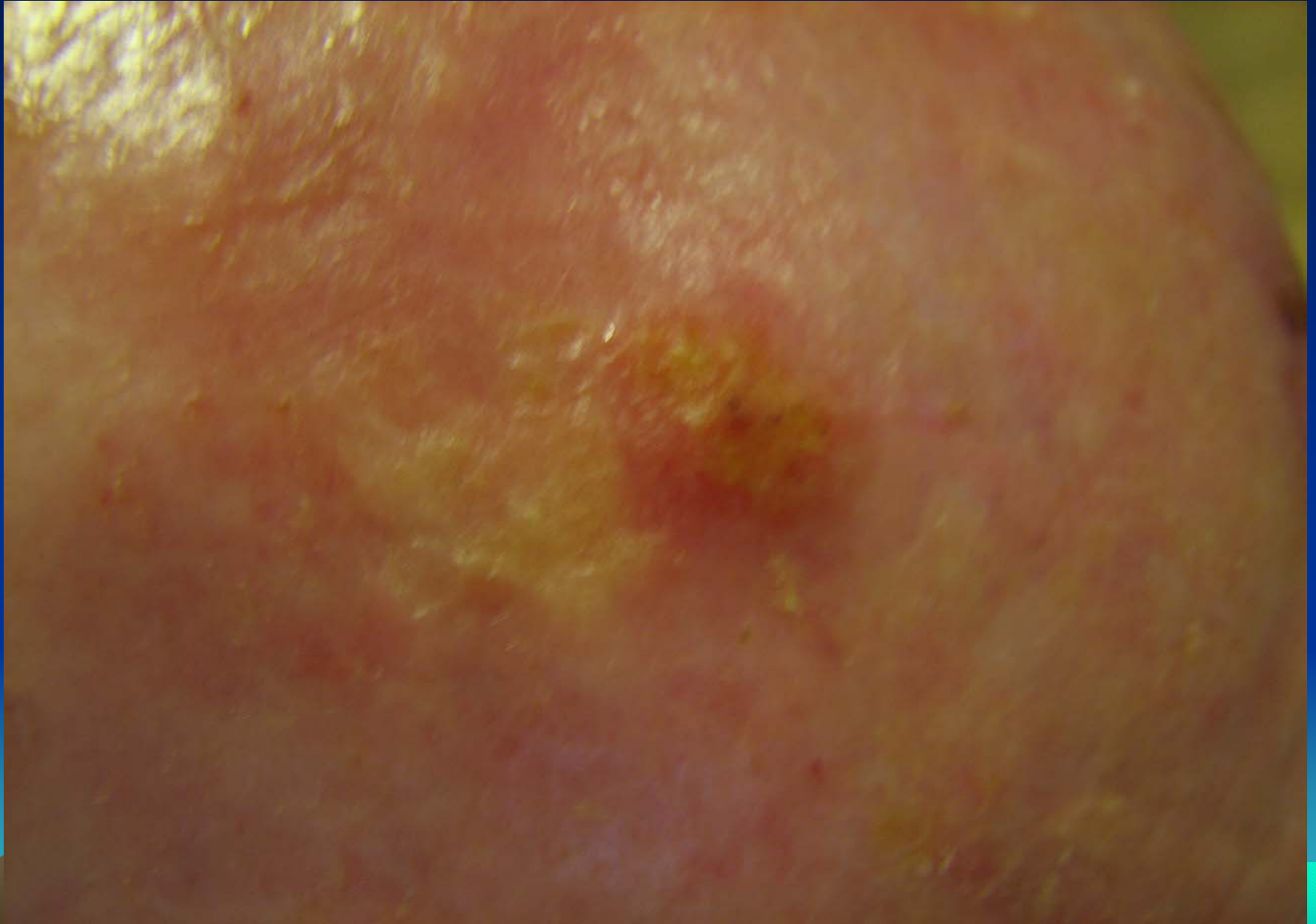




19.4.2006.



23.5.2006.





15.6.2006.





23.8.2006.



23.8.2006.





10.10.2006.





# Evolution.

- 9 months from start to last picture.
- The tumours keep recurring but are taken care of immediately with the same treatment.
- The general aspect of the skin is better too.



Another patient: 10.3.2006.



10.3.2006.





1.2.2007.



# Note.

- This patient lives far away and emailed me that picture while asking questions about another problem.
- The lesion disappeared in about 5 months.



So, what is this remedy??

Brassica Oleracea  
var Botrytis.....





AKA



# Broccoli.

Family of Brassicaceae, formally known as Cruciferaea or Mustards, family of cabbages, cauliflower, Brussels Sprout....



# Carcinogenesis inhibitors specific to the cruciferous plants.

- Agents that block carcinogen activation:
  - Aromatic isothiocyanates
  - Glucosinolates (glucobrassin, glucotropaeolin)





- Agents that increase carcinogen detoxification
  - Aromatic isothiocyanates



- Agents blocking the action of tumour promoters:
  - Aromatic isothiocyanates
  - Dithiolethiones
  - Indoles
  - Phenols



- Suppressing agents:
  - Aromatic isothiocyanates





# Other agents common to many plants:

Beta Carotene, coumarins, ellagic acid, flavones, tannins, terpenes, glucarates, inhibitors of the arachidonic acid cascade, inositol hexaphosphate, etc,.....

Reference: John Boik. Cancer and Natural Medicine. ISBN 0-9648280-0-6.



# Some other components....

- Indole 3 Carbinol (I3C) causes apoptosis and prevents spread (J. Nat. Cancer Insitute, Cancer Research...)
- I3C and Genistein increase the amount of BRCA 1 & 2 in cells preventing the transmission of damaged genetic material in next cellular generation (genetic relative deficiency).
- Sulphoraphane inside the broccoli cells inhibits the oxidizing enzymes that damages DNA (New Scientist)
- Etc,.....



# Practically.

- The broccoli must be juiced so that the intracellular components are extracted.
- The juice must be prepared freshly before application; an attempt was made to refrigerate and keep, with a drastic diminution in action.
- The pulp is then thoroughly wetted with the juice and applied locally under a piece of Glad Wrap.





# Why use the pulp?

- The pulp is already saturated in the active components, therefore there is no loss in activity.
- We attempted to use cotton balls or gauze pads saturated in juice, the activity was almost nil: most probably due to adsorption of the active components on the fibres.



# Frequency of treatment.

- For once, more is better.
- Changing the dressing every few hours will accelerate the process.
- Leaving it on overnight is a good option while not having it during the day might be necessary for cosmetic reasons.
- Suggestion: continue at least 2-3 weeks after the tumour has disappeared.



# Help.

- If the lesion become “resistant” or becomes hard (case 1), add some garlic juice for a few treatments.
- Careful as garlic can ulcerate tissues quickly and indiscriminately, but it will allow the broccoli active components to penetrate and act again.



# Indications.

- Basal cell carcinoma
- Squamous cell carcinoma (cave regional and general metastases)
- Benign tumours (under trial)
- Melanoma is NOT an indication so far





# Expectations and advantages.

- Instead of mutilating surgery
- Instead of local chemotherapy or radiotherapy
- The patient is back in control over his own life
- Cheap and easy
- You get to eat broccoli every day, it is good for the general health



# More....

- Although better, the broccoli does not have to be freshly plucked or organic, supermarket variety is working well; not sure about frozen one though....
- For even better results and prevention of recurrences, add general treatments according to your speciality in natural medicine.



# Research.

If you are going to use this protocol, I would appreciate you send me a picture at least of before treatment and at the end of the treatment so that there will be enough data for statistical significance. Please report failures too. Useful would be histology if available, frequency of application and adjuvant treatments.



# Thank you.

Send documents to:

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