

VITAL MAN

COMPOSITION

<i>Rehmannia glutinosa</i>	<i>Smilax species</i>	<i>Ptychopetalum olacoides</i>
<i>Polygonum multiflorum</i>	<i>Ginkgo biloba</i>	<i>Avena sativa</i>
<i>Panax ginseng</i>	<i>Turnera diffusa</i>	<i>Epimedium grandiflorum</i>
<i>Tribulus terrestris</i>		

PREPARATION

Individual tinctures are combined in the descending order of the list found above.

SYNTHESIS and MECHANISM OF ACTION

An androgenic and aphrodisiac formula that activates the endocrine glands and nourishes them whilst imparting a masculine directive. A urogenital trophorestorative for elderly men.

SYNERGY

<i>Rehmannia glutinosa</i>	Adaptogen, Major Yin tonic, Clears heat and cools the blood, Nourishes Yin and Promotes generation of Body Fluids
<i>Polygonum multiflorum</i>	Adaptogen, Kidney, Liver & Yin tonic, Nourishes heart and calms the Shen
<i>Panax ginseng</i>	Adaptogen, Blood sugar regulator, Circulatory stimulant (central), Qi, Shen & Jing Tonic, Increases Nitric Oxide absorption in the corpora spongiosum and corpora cavernosa, Aphrodisiac
<i>Tribulus terrestris</i>	Aphrodisiac, Anti-inflammatory, Anabolic, Diuretic
<i>Smilax species</i>	Anabolic Adaptogen, Alterative, Antifungal, Anti-inflammatory, Diuretic, Hepatoprotective, Stomachic
<i>Ginkgo biloba</i>	Adaptogen, Peripheral vasodilator, Cardiotonic, Circulatory stimulant, Vascular tonic
<i>Turnera diffusa</i>	Adaptogen, Aphrodisiac, Antidepressant (Thymoleptic), Reproductive tonic
<i>Ptychopetalum olacoides</i>	Adaptogen, Aphrodisiac, Reproductive tonic, CNS stimulant
<i>Avena sativa</i>	Antidepressant, Relaxant, Nerve tonic, Trophorestorative
<i>Epimedium grandiflorum</i>	Aphrodisiac, Peripheral vasodilator, Antioxidant, Anti-inflammatory, Immunomodulator, Kidney Yang Tonic

INDICATIONS

Andropause
Erectile dysfunction
Fatigue
Low libido
Low stamina
Low testosterone
Cold hands and feet
Poor blood circulation
Low energy
Lethargy
Deficient Kidney Yang
Deficient Kidney Yin
Deficient Kidney Qi
Deficient Jing
Low seminal fluids
Low sperm count
Fertility

CONTRAINDICATIONS, WARNINGS AND INTERACTIONS

Caution when taking blood pressure medications or Digitalis.

VIRIDITAS HERBAL PRODUCTS

VITAL MAN

DOSAGE diluted in a small amount of water

Long term:

Adult males: 3mL – 5mL TID

SYNERGY & COMPOUNDING

FOR CUSTOM FORMULATION

As you look at the VITAL MAN formula you see it does many things in the herbal action section but you may select an additional formula or action to make your custom formula match up with the individual physiological needs and presentations of your patient more precisely.

Combines well with:

- *Corynanthe yohimbe*: for impotence of vascular origin. May lower blood pressure and alter some CNS activities
- THREE GINSENGS TONIC: for additional energy, blood sugar regulation and Adaptogenic activity
- CARDIOTONER – for Cardiovascular insufficiency
- CHOLELESS – for vascular insufficiency
- CLEAR AND BRIGHT – for elderly who are suffering from cerebral insufficiency
- EVERJOY – to address depression and moodiness
- GLUCO COMBO – for blood sugar regulation and vascular problems
- HEARTSEASE – for Cardiovascular insufficiency
- PROST AID – for urogenital tonification
- NERVOTINE – for nervous system trophorestoration
- VASORELAX – for vascular insufficiency and high blood pressure

If the above suggestions do not fit your needs, you may continue on linking with the catalogue. For additional symptoms & conditions link first to the system involved, select the actions required and then chose an herb from the action category:

CARDIOVASCULAR SYSTEM ACTIONS

DIGESTIVE SYSTEM ACTIONS

ENDOCRINE SYSTEM ACTIONS

FEMALE REPRODUCTIVE SYSTEM ACTIONS

IMMUNE SYSTEM ACTIONS

INTEGUMENTARY SYSTEM ACTIONS

MALE REPRODUCTIVE & URINARY SYSTEM ACTIONS

MUSCULOSKELETAL SYSTEM ACTIONS

NERVOUS SYSTEM ACTIONS

RESPIRATORY SYSTEM ACTIONS