

GLUCO COMBO

COMPOSITION

Vaccinium myrtillus fol.
Vaccinium myrtillus fruc.
Galega officinalis
Trigonella foenum-graecum

Oplopanax horridum
Panax ginseng
Panax quinquefolius

Gymnema sylvestre
Cinnamomum zeylanicum
Capsicum annuum

PREPARATION

Individual tinctures are combined in the descending order of the list found above.

SYNTHESIS and MECHANISM OF ACTION

Will help regulate blood sugar metabolism as in Type II Diabetes, Insulin Resistance and “Syndrome X”.

In some cases patient may be weaned off insulin over a period of time.

PCOS (Polycystic Ovarian Syndrome) often appears in patients with insulin resistance and Type II Diabetes. GLUCO COMBO remedies these conditions and the ovaries will subsequently revert to a normal state.

<i>Vaccinium myrtillus fol.</i>	Antioxidant, Vascular tonic
<i>Vaccinium myrtillus fruc.</i>	Antioxidant, Hypoglycemic, Vascular tonic
<i>Galega officinalis</i>	Hypoglycemic
<i>Trigonella foenum-graecum</i>	Hormonal balancer, Increases insulin sensitivity in the cells, Oestrogenic (SERM)
<i>Oplopanax horridum</i>	Adaptogen, Hypoglycemic
<i>Panax ginseng</i>	Adaptogen, Increases insulin production and insulin sensitivity
<i>Panax quinquefolius</i>	Adaptogen, Increases insulin production and insulin sensitivity
<i>Gymnema sylvestre</i>	Antidiabetic agent
<i>Cinnamomum zeylanicum</i>	Astringent, Anaesthetic, Antimicrobial, Carminative
<i>Capsicum annuum</i>	Circulatory stimulant, Circulatory stimulant, Diaphoretic, Peripheral vasodilator, Sialagogue

INDICATIONS

Dysglycemia
Diabetes Mellitus
Diabetes Insipidus - Insulin-injecting diabetics can reduce their dependence on insulin
Metabolic syndrome
Syndrome X
Polycystic Ovarian Syndrome (PCOS)
Insulin Resistance
Weight loss, weight control
Carbohydrate addiction
Sugar addiction
PMS (Premenstrual Syndrome) – sugar cravings

CONTRAINDICATIONS, WARNINGS AND INTERACTIONS

Concurrent use of GLUCO COMBO with insulin requires professional monitoring of blood sugar levels and medication doses.

GLUCO COMBO

DOSAGE diluted in a small amount of water

Acute:

Adult: 5mL – 10mL in hyperglycemia

Children: 2mL – 3mL in hyperglycemia

Long term:

Adult: 3mL – 5mL TID

Children: 1mL – 3mL TID

SYNERGY & COMPOUNDING

FOR CUSTOM FORMULATION

As you look at the GLUCO COMBO formula you see it does many things in the herbal action section but you may select an additional formula or action to make your custom formula match up with the individual physiological needs and presentations of your patient more precisely.

Combines well with:

- *Vitex agnus-castus* or FEM TONIC – for Polycystic Ovarian Syndrome (PCOS)
- *Gymnema sylvestre* – as an Adjunct Ad. lib. use 100mL dropper bottle. When a patient is craving a sweet they take 1 dropper full of *Gymnema*, swish it in their mouth and wait a few minutes. If they are still craving a sweet, then when they eat it, it will not satisfy them, helping to break the sweet cycle.
- CARDIOTONER – for weakened hearts and heart problems induced by sleep apnea
- EVERJOY – for sugar binging, depression and eating disorders
- EYECARE – for macular degeneration, night blindness, ocular vascular problems and retinopathy
- THREE GINSENGS TONIC – for late onset diabetes in elderly patients who feel exhausted
- VITAL MAN – for tonification with a male directive

If the above suggestions do not fit your needs, you may continue on linking with the catalogue. For additional symptoms & conditions link first to the system involved, select the actions required and then chose an herb from the action category:

CARDIOVASCULAR SYSTEM ACTIONS

DIGESTIVE SYSTEM ACTIONS

ENDOCRINE SYSTEM ACTIONS

FEMALE REPRODUCTIVE SYSTEM ACTIONS

IMMUNE SYSTEM ACTIONS

INTEGUMENTARY SYSTEM ACTIONS

MALE REPRODUCTIVE & URINARY SYSTEM ACTIONS

MUSCULOSKELETAL SYSTEM ACTIONS

NERVOUS SYSTEM ACTIONS

RESPIRATORY SYSTEM ACTIONS