

# PROMOFLO

## COMPOSITION

*Paeonia lactiflora*

*Caulophyllum thalictroides*

*Chamaelirium luteum*

*Cimicifuga racemosa*

*Viburnum prunifolium*

*Vitex agnus-castus*

## PREPARATION

Individual tinctures are combined in the descending order of the list found above.

## SYNTHESIS and MECHANISM OF ACTION

Addresses absence or cessation of menses.

Take daily until menses begins.

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*Caulophyllum thalictroides*

*Chamaelirium luteum*

*Cimicifuga racemosa*

*Viburnum prunifolium*

*Vitex agnus-castus*

Pelvic decongestant, Ovarian tonic, Analgesic, Antispasmodic

Emmenagogue, Oestrogenic (SERM), Partus preparator,  
Uterine tonic

Diuretic, Emmenagogue, Oestrogenic (SERM), Ovarian tonic,  
Uterine tonic

Antispasmodic, Oestrogenic (SERM), Uterine tonic,  
Partus preparator

Antispasmodic

Hormonal balancer, Ovarian tonic

## INDICATIONS

Amenorrhea

Absence of menses

Transition from Birth control pills

## CONTRAINDICATIONS, WARNINGS AND INTERACTIONS

Contraindicated in pregnancy, may be abortifacient.

**DOSAGE** diluted in a small amount of water

Take daily until menses begins

Adult: 5mL – 10mL TID

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## SYNERGY & COMPOUNDING

### FOR CUSTOM FORMULATION

As you look at the PROMOFLO formula you see it does many things in the herbal action section but you may select an additional formula or action to make your custom formula match up with the individual physiological needs and presentations of your patient more precisely.

- FEM TONIC – after menses begins and bleeding ends start FEM TONIC to promote regularity and balance of the menstrual cycles
- HEPATO PURE – for liver decongestion and detoxification

If the above suggestions do not fit your needs, you may continue on linking with the catalogue. For additional symptoms & conditions link first to the system involved, select the actions required and then chose an herb from the action category:

CARDIOVASCULAR SYSTEM ACTIONS

DIGESTIVE SYSTEM ACTIONS

ENDOCRINE SYSTEM ACTIONS

FEMALE REPRODUCTIVE SYSTEM ACTIONS

IMMUNE SYSTEM ACTIONS

INTEGUMENTARY SYSTEM ACTIONS

MALE REPRODUCTIVE & URINARY SYSTEM ACTIONS

MUSCULOSKELETAL SYSTEM ACTIONS

NERVOUS SYSTEM ACTIONS

RESPIRATORY SYSTEM ACTIONS