

# ADRENOCORT SUPPORT

## COMPOSITION

*Dioscorea villosa*,  
*Glycyrrhiza glabra*  
*Bupleurum falcatum*

## PREPARATION

Individual tinctures are combined in the descending order of the list found above.

## SYNTHESIS and MECHANISM OF ACTION

To assist with adrenal gland function. Reawakens the adrenal glands after corticosteroid use. ADRENOCORT SUPPORT allows for the discontinuation of corticosteroids moving from exogenous to endogenous cortisol control.

<i>Dioscorea villosa</i>	Antispasmodic, Anti-inflammatory, Antirheumatic, Cholagogue, Diaphoretic, Hepatic, Hormonal balancer
<i>Glycyrrhiza glabra</i>	Adaptogen, Anti-inflammatory, Antispasmodic, Antiviral, Demulcent, Expectorant (stimulating)
<i>Bupleurum falcatum</i>	Anti-inflammatory, Choleagogue, Laxative

## INDICATIONS

Inflammation  
Adrenal fatigue  
Adrenal gland stasis  
Adrenal stagnation  
Addison's disease  
Chronic adrenal insufficiency  
Hypoactive adrenal glands  
Prednisone use and withdrawal  
Recovery from long-term corticosteroid use  
Systematic inflammation  
Arthritis  
Asthma  
Colitis  
Crohn's disease  
Eczema  
Exhaustion on all levels (physical, mental, emotional)  
Fibromyalgia  
Inflammatory bowel disease  
Insect bites  
Myofasciitis  
Myelitis  
Myalgia  
Pericarditis  
Psoriasis  
Rheumatoid arthritis  
Systemic Lupus Erythematosus  
Ulcerative colitis  
Uveitis

## CONTRAINDICATIONS, WARNINGS AND INTERACTIONS

Not to be used by pregnant women.  
Will potentiate exogenous corticosteroids.  
Not to be given to babies or toddlers.

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## DOSAGE diluted in a small amount of water

Acute:

Adult:	5-15mL	TID
Children:	2-3mL	TID

Long term:

Adult:	5-10mL	TID
Children:	2-3mL	TID

## SYNERGY & COMPOUNDING

### FOR CUSTOM FORMULATION

As you look at the ADRENOCORT SUPPORT formula you see it does many things in the herbal action section but you may select an additional formula or action to make your custom formula match up with the individual physiological needs and presentations of your patient more precisely.

#### Combines well with:

- DEEP BREATH – for chronically inflamed respiratory issues
- DIGESTIVE CORDIAL – for inflammatory bowel conditions
- HCV – for an extremely inflamed liver with Hepatitis C
- HEPATO PURE – for hepatitis and liver detoxification, tonification and protection
- HERBAL FIRST DEFENCE – for extreme inflammation during infections
- HOXSEY TONIC – for inflammation that is attendant in cancer or as the result of chemotherapy
- KIDNEY CLEAR – for glomerulopathy
- RHEUMA REM formula – to help with joint inflammation
- THREE GINSENGS TONIC formula – short term to help reactivate the adrenal glands
- THYROSTIM formula – short term to help reactivate the adrenal and thyroid glands
- UPPER RESPIRATORY and SINUS formula – to reduce and replace the use of steroid puffers
- *Hypericum perforatum & Tilia europaea* – for Pericarditis

If the above suggestions do not fit your needs, you may continue on linking with the catalogue. For additional symptoms & conditions link first to the system involved, select the actions required and then chose an herb from the action category:

CARDIOVASCULAR SYSTEM ACTIONS

DIGESTIVE SYSTEM ACTIONS

ENDOCRINE SYSTEM ACTIONS

FEMALE REPRODUCTIVE SYSTEM ACTIONS

IMMUNE SYSTEM ACTIONS

INTEGUMENTARY SYSTEM ACTIONS

MALE REPRODUCTIVE & URINARY SYSTEM ACTIONS

MUSCULOSKELETAL SYSTEM ACTIONS

NERVOUS SYSTEM ACTIONS

RESPIRATORY SYSTEM ACTIONS

VIRIDITAS HERBAL PRODUCTS