

# THYROCALM

## COMPOSITION

*Lycopus virginicus*

*Melissa officinalis*

*Leonurus cardiaca*

## PREPARATION

Individual tinctures are combined in the descending order of the list found above.

## SYNTHESIS and MECHANISM OF ACTION

Will calm hyperactive thyroid and the attending symptoms of nervousness and irregular heartbeat.

## SYNERGY

*Lycopus virginicus*

*Melissa officinalis*

*Leonurus cardiaca*

Iodothyronine deiodinase inhibitor, Thyrostatic,  
Antispasmodic, Iodothyronine deiodinase inhibitor, Nervine,  
Relaxant, Sedative, Thyrostatic  
Antispasmodic, Nervine, Relaxant, Tonic, Negative chronotropic

## INDICATIONS

Hyperthyroidism and attending symptoms:

fast heartbeat, high blood pressure, nervous tremor, weight loss, sleep difficulties,  
diarrhea, bulging eyes, constant stare, mental confusion, irregular heartbeat

Graves disease

Overactive thyroid

Goiter

## CONTRAINDICATIONS, WARNINGS AND INTERACTIONS

Contraindicated in Hypothyroidism

Contraindicated in Bradycardia

Fucus and Kelp are contraindicated

**DOSAGE** diluted in a small amount of water

Long term:

Adult: 2mL – 10mL TID

Children (Graves): 1mL – 3mL TID

# THYROCALM

## SYNERGY & COMPOUNDING

### FOR CUSTOM FORMULATION

As you look at the THYROCALM formula you see it does many things in the herbal action section but you may select an additional formula or action to make your custom formula match up with the individual physiological needs and presentations of your patient more precisely.

#### Combines well with:

- ADRENOCORT SUPPORT – for auto-immune conditions and Graves disease
- DEEP IMMUNE ACTIVATION – for Graves disease
- ESP – for sleeplessness
- EVERJOY – for depression
- THREE GINSENG TONIC – Adaptogen for exhaustion
- VASO RELAX – for high blood pressure
- VSP – for inability to relax and sleeplessness
- SUPERFOOD – for nutrition

If the above suggestions do not fit your needs, you may continue on linking with the catalogue. For additional symptoms & conditions link first to the system involved, select the actions required and then chose an herb from the action category:

CARDIOVASCULAR SYSTEM ACTIONS

DIGESTIVE SYSTEM ACTIONS

ENDOCRINE SYSTEM ACTIONS

FEMALE REPRODUCTIVE SYSTEM ACTIONS

IMMUNE SYSTEM ACTIONS

INTEGUMENTARY SYSTEM ACTIONS

MALE REPRODUCTIVE & URINARY SYSTEM ACTIONS

MUSCULOSKELETAL SYSTEM ACTIONS

NERVOUS SYSTEM ACTIONS

RESPIRATORY SYSTEM ACTIONS